## STOREHOUSE Foodbank

## Are you struggling to feed yourself and your family?

Don't panic. We can provide you with emergency food and a listening ear.

Ask for a Food Request Slip from CAB, Phoenix Centre, Job Centre, your local church, social services or your GP.

Don't go hungry. We're here to help.

A Stand of Contraction



www.stourvalleyvineyard.org | Registered Charity No. 1131617 | Affiliated to 🕂 vineyard churches